



With the support of the
Erasmus+ Programme
of the European Union

[F]ACT

**Advanced training for youth workers in using
Marshal Rosenberg method of non-violent
communication and Forum Theatre for
preventing radicalization leading to violence
among youth**

30 October – 07 November 2019

8/5/2019
Organizacija kreativnog okupljanja - OKO

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Project partners

Coordinator: „Organizacija kreativnog okupljanja“- OKO

Mission of the "Organizacija kreativnog okupljanja"- OKO is creating a society of equal and different citizens, and establishing trust, support and human rights protection among them.

Who OKO works with and for: children, teenagers and young people; youth workers, schools representatives, young artists, etc.

What OKO does: educational programs for children, teenagers, young people and youth workers; seminars and trainings for schools representatives; peer education programs; international exchanges and trainings; promotion of nonviolence and human rights, performing plays and performances, involved in making youth policy and volunteer work. OKO is member of the European Off Network (EON), Y-PEER Serbia, NAPOR (National Association of professionals in youth work), National Youth Council of Serbia (KOMS) and the Network for Children of Serbia (MODS).

OKO is accredited organization for quality standards in youth work on national level (by National association of youth workers of Serbia) with 4 professional certified youth workers and 2 professional youth leaders. Please visit our web page www.okoorg.rs and facebook group <https://www.facebook.com/okoorg> for more info.

Partner organizations:

1. [Beyond The Barriers](#) (Albania),
2. [Sdrujenie Obedineni profesionalisti za ustoichivo razvitie](#) (Bulgaria),
3. [Culture Goes Europe \(Cge\)- Soziokulturelle Initiative Erfurt Ev](#) (Germany),
4. [Environment Online](#) (Greece),
5. [Open Circle Association](#) (Hungary),
6. [AGITA](#) (Italy),
7. [Association For Protect And Education Ofchildren And Young Roma Progress](#) (North Macedonia),
8. [Szczecinska Szkola Wyzsza Collegium Balticum](#) (Poland),
9. [Associação Lusofonia Cultura e Cidadania](#) (Portugal),
10. [Tarlabasi Toplumunu Destekleme Dernegi](#) (Turkey)

About project

The main goal of the project is to prevent extremism and radicalization among youth and empower them to prevent that behavior and its negative effects on young people. This project is designed to meet the needs of its target audience – youth workers and leaders, in EU programme countries.

Main methodologies will be based on advanced Marshal Rosenberg`s non-violent communication and Forum Theater methodology with focus on specific methods of Theatre of the Oppressed by Augusto Boal. We want to provide main knowledge and tools regarding this topic in order to transfer gained knowledge to young people in local

communities and promote socially responsible non-formal education methods for peace building. The project concept is created with final goal for prevention growing extremism among youth in Europe.

Project will last from 8 July 2019 until 7 March 2020 and is financed through the ERASMUS+ program of the European Union.

What will you gain with participation in this project?

After the training you should:

- Increase knowledge about prevention of youth radicalization leading to violence, extremism and policy documents from international level (EU, CoE, UN, OSCE).
- Enhance intercultural and communication skills.
- Raise awareness for difference about radicalization, radicalization leading to violence and extreme ideologies and movements.
- Learn advanced skills in applying non-violent communication in the context of addressing the problem about radicalization leading to violence and to raise skills for peaceful debate and approaches in youth work practice.
- Exchange experiences related to projects dealing with Forum Theater and human rights for dealing with extremism and youth.
- Develop critical thinking for questioning personal values and beliefs.
- Present and practice a variety of non-formal learning techniques useful for working with young people and vulnerable groups in preventing radicalization leading to violence.
- Be empowered and motivated to use Forum theatre methods in youth work.
- Be informed about the EU Programme Erasmus+ and its opportunities with promotion of EU values and values of youth work.
- Gain new friendship and partners for future cooperation.

What is your duty after taking part in advanced training?

All partners and its participants on advanced training will organize **local education** for other volunteers, members of organizations and interested young people from local community, in a manner of multiplying experience and knowledge gained during the activities. Details of the local activities will be discussed during the training course.

About training course

Place: Vršac, Serbia

Date: 30.10-07.11.2019

Duration: 7 full working days + 2 days travel

Arrival day is 30th of October, Departure day is 7th of November

Training course	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
	Team meeting								
08.30	Breakfast								
09.30	Warming up								
10.00	Warming up, building group agreement, expectations and fears	Warming up, what we learned yesterday, where we are going further?	Time for action- Warming up, action planning	Team-building: Magic swamp	Body and art in youth work...	Presentation about Erasmus+ and Youth pass	Warming up and more preparations	Evaluation and dissemination plans	
11.30	Short brake								
12.00	Team-building: Mission (im)possible	Key words about radicalization and youth	Who is Marshal Rosenberg?	Debriefing about team	Theatre of the Oppressed: what we know about it?	Forum theatre performance: tips and tricks	Going to space for Forum Theater, exercise, final preparations	Final reflection	
13.30	Lunch and free time								
15.00	Interculturality	It's easy: Policy documents for youth	More about non-violent communication itself	Mid-term evaluation: what could we change?	Open space for art and body	Preparation of Forum Theater performance, agreement about performance	Forum Theater performance-(F)ACT, returning		
16.30	Short brake								
17.00	Communication- what we know?	Again its easy: policy documents regarding youth and radicalization	Peace and conflict	Mid-term evaluation: what could we change?	Exercises in theatre	Preparation of Forum Theatre performance	What we are learning from the performance?		
18.30	Reflection groups								
19.00	Dinner								
20.00	BIG HELLO: Meeting and getting to know each-other, programe of the TC	Intercultural night 3 countries	Intercultural night 4 countries	Intercultural night 3 countries	Free night	Board games night	Movie night: Socially engaged movies	We-will-meet-again party	

Arrival
(welcome space)

Departure

Participants

You should select 2 participants from your organisation (out of which one should be with fewer opportunities) and take care about gender balance.

Please refer to following **criteria** for selecting participants:

- Participants should be 18+;
- Potential participants are youth workers, youth leaders, multipliers, newcomers and beginners trainers, active in non – formal education field;
- Priority should be given to participants with fewer opportunities (young offenders, migrants, asylum seekers, refugees backgrounds, victims/makers of bullying and drop-out youngsters, LGBT+youth etc.), especially youth workers from non-urban areas or those facing economic obstacles, challenging socio cultural and political background. Please note that at least one participant from your country must be person with fewer opportunities;
- They have had international experience in the youth work field with a function of responsibility (not only as a participant) – organizing international youth projects, leading a youth exchange, mentoring EVS volunteers, etc;
- They have the potential and need to develop training competencies and act after the course as a trainer for European Erasmus+ projects and on local level;
- They are willing to develop their competencies in the field of non-violent communication in the context of addressing the problem about radicalization leading to violence and to raise skills for peaceful debate and approaches in youth work practice;
- They are able to communicate in fluent English (The official language of the training course will be English);
- They are motivated to be fully involved in preparation process (local activities) and attend at the complete duration of the training course;
- They are motivated to take part in after training phase (evaluation, self-assessment, etc.) and organizing local activities;
- They have organizational support for further activities with young people from the different religious and ethnical background and realize the youth project which will be invented during this training course.

After selection of participants according to the criteria, please send selected participants application form available on <https://forms.gle/bh72hU8FZVYnFat78> that they should fill in and send until **20 September 2019**.



Few more announcements to participants that you are going to select:

- Be prepared for **intercultural evening** and bring necessary things for representing your country. Each partner organization will have its own space (around 10 min max) to present its traditions, cultures or whatever you think

represent his/hers country to whole group. Try to make something interactive for people, make them participate, try to show culture but please, don't play long videos from Youtube, we would like to really experience your country in live ;-) And for sure, don't forget to bring food & drinks from your countries!!

- Bring **clothes and shoes** that you feel comfortable to work in, because of the methods and workshops that will demand some physical activities.
- Every participant will take part in **local performance** during the training course in Vršac, and after training will organize **local education** in its local community in order to disseminate the training results.
- Every participant will get **Youth pass**.

Trainers and staff

Trainers

Zoran Zlatković, MA journalist (University of Belgrade), a certificated youth worker and trainer from Belgrade, Serbia. Founder and executive director of "Organizacija kreativnog okupljanja"-OKO. Associate with numerous organizations and institutions, informal groups and associations in the country and abroad for various educational programs (anti-discrimination, the use of drama and art in education, violence prevention, conflict resolution, hate speech prevention, inclusive approach to work with young people, participation of children and youngsters, promotion and protection of human rights etc). In recent years, associate with Youth Offices in Serbia for programs that include young people at risk from vulnerable groups in local volunteer services. Supervisor and mentor for future youth workers at National Association of youth workers in Serbia (NAPOR). Ex member of Council for ethical issues in youth work and member of the Alumni Council KOMS (Serbian Youth Umbrella Organization). Member of the National Committee for the Fight against hate speech online. The author of the drama program for the empowerment of children and young people "New kids, new age", co-author of "Manuals for nonviolence I, II", "Organizational management", researcher on violence in secondary schools in Serbia etc. Working with and for youth, the last twenty years in order to achieve social justice for all in Serbia. He is [Member of Pool of trainers of Council of Europe](#)





Aleksandar Trudić, MSc in sociology and mediation, he is currently working in gaming industry and in OKO as youth worker. He has experience in conducting training on local, national and international level. He is member of National association of mediators, [member in Pool of Trainers Council of Europe](#) and member of expert roster in OSCE Mission in Serbia, licensed trainer by National association for youth workers and member of Expert roster of National association of organizations for children, Serbia. His expertise are: human rights, communication, mediation, social skills, inclusion

Staff

Jelena Kolo, politicologist, MA in EU studies, PhD ongoing in Accessibility of Media for Disabled persons (University of Belgrade). Establisher of OKO and program coordinator. Current position: Coordinator for International Affairs in Regulatory body for electronic media in Serbia.



Nevena Nedeljković, has completed secondary school in bilingual class in French language this year started Faculty of Law in Belgrade. As an activist in Organization of Creative Grouping, she is a moderator of Facebook page and member of the Internet team. From this year she is a certified youth leader. She took part in various international your projects in Serbia and abroad. She has been certificated peer educator for many topics as hate speech, human rights or European integrations. Besides her education and an engagement in NGO sector, she enjoys dancing with the National folk dance group „Branko Krsmanović“ in Belgrade.

Visas, travel documents and insurance



Citizens of EU member states and Western Balkan countries can enter Serbia with valid ID card, but we strongly recommend using the *passports*.

Participants from participating countries on this project do not need visa to enter Serbia.

In case it is asked for, official invitation letter or in-advance confirmation of participation from hosting organization can be provided. If a participant needs it,

please contact hosting organization via e-mail. Necessary information for filling the letter in will be used from the

application form.

In case of being stopped at the border on Belgrade airport, providing invitation letter, border control officers will contact hosting organization as a regular procedure.

We strongly recommend to obtain a *travel insurance*, even though it is non-refundable. Participants from the EU countries should have their European Health Insurance Card.

In order to have proper balance of responsibility for the well-being of all the participants, the Disclaimer (liability release) might be offered for signing upon arrival.

Reimbursement limits for travel costs

Organization (Country)	No. of participants	Cost per person in EUR
Beyond The Barriers (Albania)	2	180
Sdrujenje Obedineni profesionalisti za ustoichivo razvitie (Bulgaria)	2	180
Culture Goes Europe (Cge)- Soziokulturelle Initiative Erfurt Ev (Germany)	2	275
Environment Online (Greece)	2	275
Open Circle Association (Hungary)	2	180
AGITA (Italy)	2	275
Association For Protect And Education Ofchildren And Young Roma Progress (North Macedonia)	2	180
Szczecinska Szkola Wyzsza Collegium Balticum (Poland)	2	275
Associação Lusofonia Cultura e Cidadania (Portugal)	2	360
Tarlabasi Toplumunu Destekleme Dernegi (Turkey)	2	275

You will be reimbursed up until the maximum amount allowed per person (see above), from your home town to Vršac, Serbia and back. We will reimburse travel costs on the basis of the cheapest possibilities, e.g. second class railway tickets, APEX-flights etc. **by bank transfer after the training course or in cash on the spot after providing the receipts of all ORIGINAL tickets, bills, invoices, receipts, boarding tags/cards etc.** Following the guide lines of the Erasmus + programme the travel back must be realised by the participants on direct way within maximum 2 days. In case of longer stays or indirect travelling (holiday travel etc.) there is no chance of reimbursement of travel costs. Missing tickets will not be reimbursed. Please, keep the **original tickets, boarding pass** in order to get money back.

Up to **20 September 2019** please send application forms with filled in information about the person coming: name, gender, age, place and time of the arrival and departure (or you can send us e-ticket).

Note that personal car can also be used, and that reimbursement will be done according to the travel distance between the starting and ending destination in kilometers according to the distance calculator and formula: number of KM multiplied with 2 (round way) multiplied with 0.22 (EC's figure).

Please note that reimbursement will not be done if you don't provide all the evidences of travel expenses.

For all the consultations about routes, means of travel and rates please contact the host in contact details of info pack.

Travel & Transport



...To Belgrade

If you are coming by plane, via Belgrade, take a mini bus or public bus.

To get from Belgrade airport to Belgrade Main bus station, possible options are: **Mini-bus A1, from the terminal** to Belgrade bus Station (ticket price is 300 RSD = less than 3 EUR). Time table is available at the following web address:

<https://www.busevi.com/red-voznje/linija-a1-trg-slavija-kralja-milutina-aerodrom-nikola-tesla/>

Or, use **public bus 72, departing in front of the entrance of the main building**, but going to Zeleni venac (city center) Station (ticket price is 150 RSD = cca. 1,2 EUR), 10 minutes walk from the Main bus station. Timetable is available at the following web address:

<https://www.busevi.com/red-voznje/linija-72-zeleni-venac-aerodrom-nikola-tesla/>



Belgrade to Vršac

Please check the departures on the following web address timely on http://www.bas.rs/basweb_eng/RedVoznje.aspx?lng=en

Or if you are coming from different directions, whereby bus schedules should be checked individually, please consult travel arrangement with us.

Venue & Hotel Accommodation

Venue



Venue place of the meeting is in the hotel Srbija, which is equipped with working space suitable for theatre exercises and body work.

Hotel Accommodation



Hotel “SRBIJA” is situated in the heart of Vršac, and offers comfortable accommodation.

Accommodation is on full board basis, rooms with 2 or 3 beds, bathroom, toilet.

Breakfast, lunch and dinner will cover also from the programme according to your needs

(vegetarian etc) as shared by you in the application form. Meals are served in the restaurant of the hotel. The hotel provides bed lines and towels but you have to bring with you other stuff for your hygiene. Please visit hotel web page for more info <http://www.hotelsrbija.rs/Default.aspx?Lang=en&page=HomeEn>

Local Currency

The official currency of the Republic of Serbia is the dinar (RSD). Currency exchange is possible in all banks and post offices, as well as numerous authorised exchange offices.

In order to obtain timely information on the dinar exchange rate, before leaving consult the website of the National Bank of Serbia (www.nbs.rs).

Payment in EUR is prohibited. Exchange offices can be found everywhere. There are no major variations in currency rates between exchange offices, but for sure the worst deals can be got within banks.

Please, exchange immediately the optimal amount you think you might need for your personal use during the activity. It would, however, be possible to exchange EUR into dinars and vice versa with the hosting staff.



Facts about Vršac



Vršac is located in South-East Europe on the Balkan peninsula. It is located in the northeastern part of Serbia on 14 km from the border with Romania, at a distance of 84 kilometers from Serbian capital – Belgrade.

Vršac, one of the oldest towns in Banat, is located on the southeastern edge of the Pannonian Plain, located at the foot and on the slopes of the Vršac mountains, from which the fresh air, forests and breezes of the vineyards are lowered, this city also pictures the

past and the contemporary. Numerous old buildings of various styles and a number of institutions keep one of the most interesting cultural histories among Vojvodina cities. Although Vrsac is poor in terms of watercourses in the town itself, there is an artificial lake that is decorated as a city beach.

In 2000 the Vrška Mountains, that is nearby the Vršac, became an important bird area in Europe, and thanks to the diversity of flora and vegetation, rich forest ecosystems, beautiful landscapes and gazeboards, most of the forest area of this mountain is protected as a nature park

Population, Language and Alphabet

The area of the municipality, and the very city of Vršac, is characterized by a very vast national structure, built over the centuries, as a result of frequent migration movements in this area, caused by many historical circumstances. The most numerous were the settling of Serbs throughout the 15th century, and almost continuously, in larger or smaller waves of the 17th-20th century. The last major immigrants were colonized after the First and Second World War. During the 18th and 19th centuries, the planned and systematic settlement of inhabitants from Germany, Italy, France and Spain was carried out. In the same period there is a spontaneous settlement of other nationalities: Romanians, Hungarians, Czechs, Slovaks and others. Today in the municipality lives over 20 nationalities.

According to the latest census conducted in 2002, the total number of inhabitants in the municipality of Vršac amounted to 54,369. The city itself has 36,623 inhabitants, while in the surrounding settlements there are 17,746 inhabitants.

The official language of Serbia is **Serbian**, a member of the South Slavonic language group. The **Cyrillic alphabet** is used officially, with Latin script also very commonly used as both writing systems are taught in schools. Serbian Cyrillic has 30 characters, and each letter corresponds directly to one sound, which makes it unique in comparison with other writing systems.

А Б В Г Д Ђ Е Ж З И Ј К Л Љ М
 А В Г Д Ђ Е Џ З И Ј К Л Лј М
 Н Њ О П Р С Т Ћ У Ф Х Ц Ч Џ Ш
 Н Нј О П Р С Т Ћ У Ф Н С Ћ Џ Ш

The languages and alphabets of ethnic minorities are officially used in those areas where they reside. Visitors from abroad are advised to use English, while German, French and Russian are less widely used.

Climate

The Vrška mountains have predominantly hilly-hilly areas whose central part has a mountainous character.

The highest peak is the Gudurički vrh with 641m, which is also the highest peak in Vojvodina. The climate is **moderate-continental**, with the following features: long and warm summer, somewhat colder, and sometimes cold and snowy winter, fresher and shorter spring, while autumn is longer and warmer.

A special feature of Vršac is a wind called the **košava**, which brings clear and dry weather with it. It most often blows in autumn and winter, for periods of 2 to 3 days, at a typical speed of 25 to 43 km/h.


Important links:

1. Erasmus+ program link: https://ec.europa.eu/programmes/erasmus-plus/node_en
2. Tempus office in Serbia: <https://erasmusplus.rs/category/obrazovanje/>
3. Touristic organization of Municipality of Vrsac: <http://www.to.vrsac.com/>
4. Article about Augusto Boal`s Theater of the Oppressed: <https://news.harvard.edu/gazette/story/2003/12/augusto-boals-theatre-of-the-oppressed/>
5. Video clip about Marshal Rosenberg`s workshops and method of non violent communication: <https://www.youtube.com/watch?v=VT8KGGDo6TY>
6. List of free online language learning tools: <https://www.pcmag.com/roundup/358228/the-best-free-language-learning-apps>

Contact


If you require any information regarding the training organisation, please contact:

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 +381 (0)64 5549 526

 okoorganizacija@gmail.com

Jelena Kolo, OKO contact person

 +381 (0)64 3099 883

 jelenakolo@hotmail.com

Participants will be added to the projects e-mailing list and Facebook group so as to provide quicker information flow.

Looking forward to meeting you!